

January 2023

Galt and Blair

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:00 Planning for the New Year - GAA 3:00 New Years Craft - BAA	2 9:45 It Makes Sense (G) - Resi 3:00 Fun and Fitness - BAA	3 9:45 Beauty Shop (B) - Resi 10:45 Fun and Fitness - GAA	4 10:45 Scripture and Songs - BAA 2:00 New Years Craft - GAA 3:00 Fun and Fitness - BAA	5 2:00 Planning for the New Year - BAA 3:00 Fun and Fitness - GAA	6 10:45 Fun and Fitness - BAA 10:45 Scripture and Songs - GAA	7 Independent Program Day
8 9:45 It Makes Sense (B) - Resi 3:00 Fun and Fitness - GAA	9 9:45 Bingo - GAA 10:45 Fun and Fitness - BAA	10 9:45 Beauty Shop (G) - Resi 2:00 Bingo - BAA 3:00 Fun and Fitness - GAA	11 10:45 Scripture and Songs - BAA 2:00 Active Games - GAA 3:00 Fun and Fitness - BAA 6:15 Busy Hands - BAA	12 10:45 Fun and Fitness - GAA 2:00 Active Games - BAA	13 9:45 Music Therapy - GAA 10:30 Music Therapy - BAA 10:45 Scripture and Songs - GAA 11:15 One to One Music Therapy (G/B) - Resi 2:00 Open Minds, Open Hearts - ACRM 3:00 Fun and Fitness - BAA	14 10:45 Fun and Fitness - GAA 2:00 Wellness Group - BAA
15 Independent Program day	16 9:45 It Makes Sense (G) - Resi 10:45 Fun and Fitness - BAA 2:00 Hands on Exotics - AUDI	17 9:45 Beauty Shop (B) - Resi 3:00 Fun and Fitness - GAA	18 11:00 Roman Catholic Communion - ACRM 2:00 Bingo - GAA 3:00 Fun and Fitness - BAA 6:15 Wellness Group - GAA	19 10:45 Fun and Fitness - GAA 2:00 Baking - ACRM 6:15 Bingo - BAA	20 10:45 Fun and Fitness - BAA 10:45 Scripture and Songs - GAA 2:00 Open Minds, Open Hearts - ACRM	21 2:00 Chinese New Year Craft - BAA 3:00 Fun and Fitness - GAA
22 Independent Program Day	23 9:45 Beauty Shop (G) - Resi 12:00 Chinese New Year Luncheon in your Dining Room 2:00 Chinese New Year Craft - GAA 3:00 Fun and Fitness - BAA 6:15 Variety Time - BAA	24 9:45 It Makes Sense (B) - Resi 10:45 Fun and Fitness - GAA 1:30 Ken Seiling Museum Outing-Pre Register - OUT 6:15 Busy Hands - BAA	25 10:45 Scripture and Songs - BAA 2:00 Bingo - GAA 3:00 Fun and Fitness - BAA 6:15 Vegetable Soup Prep - BAA	26 12:00 Grill Cheese Luncheon-Pre Register - ACRM 2:00 Bingo - BAA 3:00 Fun and Fitness - GAA 6:15 Variety Time - BAA	27 9:45 Music Therapy - GAA 10:30 Music Therapy - BAA 10:45 Scripture and Songs - GAA 11:15 One to One Music Therapy (G/B) - Resi 2:00 Open Minds, Open Hearts - ACRM 3:00 Fun and Fitness - BAA	28 10:45 Fun and Fitness - GAA 2:00 Time to Think - BAA
29 Independent Program Day	30 9:45 Artfull Enrichment - ACRM 2:00 Coffee and Chat - GAA 3:00 Fun and Fitness - BAA 5:00 Young and the Restless Group - AUDI	31 2:00 Coffee and Chat - BAA 3:00 Fun and Fitness - GAA 6:15 Busy Hands - BAA				

ACRM - Activity Room

AUDI - Centre Auditorium

BAA - Blair Activity Area

GAA - Galt Activity Area

OUT - Outings

Resi - Resident Room for 1-1 scoring

Check Program Boards Daily for the most up to date information.

