

October 2022

Hespeler and Preston

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:45 Java Music Club - PSR 2:00 Hymn Sing - HAA 3:00 Fun and Fitness - PAA
2 9:45 Java Music Club - HSR 2:00 Hymn Sing - PAA 3:00 Fun and Fitness - HAA	3 10:45 Spiritual Refreshment - HAA 1:00 Friendly Visits (H) - Resi 2:00 Fun and Fitness - PAA 3:00 Fall Crafts - HAA 6:15 Bingo - PAA	4 12:00 Oktoberfest Lunch - ACRM 1:00 Friendly Visits (P) - Resi 2:00 Fun and Fitness - HAA 3:00 Fall Crafts - PAA 6:15 Time to Think - HAA	5 9:45 Beauty Shop (H) - Resi 2:00 Bingo - HAA 2:00 Spiritual Refreshment - PAA 3:00 Fun and Fitness - PAA	6 9:45 It Makes Sense (P) - Resi 10:45 Fun and Fitness - HAA	7 9:45 Music Therapy - HAA 10:45 Music Therapy - PAA 1:30 Fall Fair - CCRT	8 Independent Program Day
9 Independent Program Day	10 9:45 Table Top Games - HAA 10:45 Bingo - PAA 2:00 Bowling - HAA 3:00 Fun and Fitness - PAA	11 2:00 Residents Council - ACRM 2:00 Table Top Games - PAA 3:00 Fun and Fitness - HAA 6:15 Time to Think - PAA	12 9:45 Beauty Shop (P) - Resi 2:00 Bingo - HAA 2:00 Spiritual Refreshment - PAA 3:00 Fun and Fitness - PAA 5:00 Young and the Restless Group - AUDI	13 9:45 It Makes Sense (H) - Resi 2:00 Musical Memories - PAA 3:00 Fun and Fitness - HAA	14 2:00 Musical Memories - HAA 3:00 Fun and Fitness - PAA 6:15 Social Art - HAA	15 9:45 Java Music Club - HSR 2:00 Hymn Sing - PAA 3:00 Fun and Fitness - HAA
16 9:45 Java Music Club - PSR 2:00 Hymn Sing - HAA 3:00 Fun and Fitness - PAA	17 1:00 Friendly Visits (P) - Resi 2:00 Bingo - PAA 3:00 Fun and Fitness - HAA 6:15 Social Art - PAA	18 11:30 Symposium Restaurant - pre register - OUT 3:00 Fun and Fitness - PAA 6:15 Movie and Popcorn - HSR	19 9:45 Beauty Shop (H) - Resi 2:00 Fun and Fitness - HAA 2:00 Spiritual Refreshment - PAA 3:00 Halloween Treat Bags - PAA	20 9:45 It Makes Sense (P) - Resi 2:00 Bingo - HAA 3:00 Fun and Fitness - PAA	21 9:45 Music Therapy - HAA 10:45 Music Therapy - PAA 2:00 Reminiscing about Autumn - PAA 3:00 Fun and Fitness - HAA	22 Independent Program Day
23 Independent Program Day	24 1:00 Friendly Visits (H) - Resi 2:00 Bingo - PAA 3:00 Fun and Fitness - PAA 6:15 Pumpkin Carving - HAA	25 1:00 Friendly Visits (H) - Resi 2:00 Halloween Story Game - PAA 3:00 Fun and Fitness - HAA 6:15 Pumpkin Carving - PAA	26 9:45 Beauty Shop (P) - Resi 2:00 Bingo - HAA 2:00 Spiritual Refreshment - PAA 3:00 Fun and Fitness - PAA	27 9:45 Fun and Fitness - HAA 9:45 It Makes Sense (H) - Resi 10:45 Halloween Crafts - PAA 2:00 Artful Enrichment - ACRM	28 9:45 Halloween Crafts - HAA 10:45 Fun and Fitness - PAA 2:00 Foods Around the World (India) - ACRM 6:15 Movie and Popcorn - PSR	29 9:45 Java Music Club - HSR 2:00 Hymn Sing - PAA 3:00 Fun and Fitness - HAA
30 9:45 Java Music Club - PSR 2:00 Hymn Sing - HAA 3:00 Fun and Fitness - PAA	31 9:45 Halloween Story Game - HAA 10:45 Fun and Fitness - PAA 2:00 Halloween Party - AUDI 6:15 Bingo - PAA					

ACRM - Activity Room

AUDI - Centre Auditorium

CCRT - Centre Courtyard

HAA - Hespeler Activity Area

HSR - Hespeler Sitting Room

OUT - Outings

PAA - Preston Activity Area

PSR - Preston Sitting Room

Resi - Resident Room for 1-1 scoring

Check Program Boards Daily for the most up to date information.