

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday


Saturday

# September 2022

## Seniors Active Living Centre Calendar

### LEGEND

AF – Apartment Foyer  
 BRR – Basement  
 CA – Centre Auditorium  
 Café – Café 515  
 CCR – Centre Craft Room 1,2,3  
 LIB – Library  
 PIT – Horseshoe Pits  
 3FL – 3<sup>rd</sup> Floor Lounge

<p>9:30 4</p>	<p>5</p> <p><b>Happy Labour Day!</b></p>	<p>6</p> <p>9:45 Keep Fit (CA)      10:30 Chapel (CCR3)      11:00 Chair Yoga (CA)      1:00 Bus to Walmart      1:30 Crafts (CCR1)      2:00 Library (LIB)      7:00 Rook (CCR2)</p>	<p>7</p> <p>10:00 Bingo (CCR3)      11:00 Fairview Fit (CA)      1:00 TRX (CA)      2:00 Drum Jam (CA)      2:00 Library (LIB)      3:15 Bean Bag Baseball (CA)      7:00 Cards (CCR2)</p>	<p>8</p> <p>9:30 Knitting &amp; Quilting (CCR1)      9:45 Keep Fit (CA)      11:00 Chair Yoga (CA)      1:30 Crafts (CCR1)      2:00 Library (LIB)      7:00 Cribbage (CCR2)</p>	<p>9</p> <p>9:00 Drop-in Bowling (BRR)      10:00 Horseshoes (PIT)      11:00 Fairview Fit (CA)      1:00 TRX (CA)      2:00 Library (LIB)      2:00 Yoga (CA)      3:30 Hand Bells (CA)      7:00 Crokinole (CCR2)</p>	<p>10</p> <p>*Activities will take place when safe to do so. Please look and listen for our updated information.</p>
<p>9:30 Preston Mennonite Church Live Stream (3FL) 11</p> 	<p>12</p> <p>9:00 Drop-in Bowling (BRR)      9:00 Bus trip: St. Jacob's Mennonite Story Museum      10:30 Fairview Fit Video (CA)      11:15 Forever Young Strength (CA)      1:30 Crokinole; card games; board games; puzzles (CCR3)      2:00 Library (LIB)      7:00 Yahtzee (CCR2)</p>	<p>13</p> <p>9:30 Documentary: Who are the Mennonites? (CCR3)      9:45 Keep Fit (CA)      10:30 Chapel (CCR3)      11:00 Chair Yoga (CA)      1:30 Special Chapel Service (CA)      1:30 Expressive Art Class (CCR3)      2:00 Library (LIB)      7:00 Rook (CCR2)</p>	<p>14</p> <p>10:00 Bingo (CCR3)      11:00 Fairview Fit (CA)      1:00 TRX (CA)      2:00 Drum Jam (CA)      2:00 Library (LIB)      3:15 Bean Bag Baseball (CA)      7:00 Cards (CCR2)</p>	<p>15</p> <p>9:30 Knitting &amp; Quilting (CCR1)      9:30 Baking: Platz (CCR3)      9:45 Keep Fit (CA)      11:00 Chair Yoga (CA)      1:00 Bus to Giant Tiger      1:30 Crafts (CCR1)      1:30 MCC Presentation and Relief Kit Assembly (CA)      2:00 Library (LIB)      7:00 Cribbage (CCR2)</p>	<p>16</p> <p>9:00 Drop-in Bowling (BRR)      9:30 Bus Trip: Mennonite Country      10:00 Horseshoes (PIT)      11:00 Fairview Fit (CA)      1:00 TRX (CA)      2:00 Library (LIB)      2:00 Yoga (CA)      2:00 Souper Friday (Café)      3:30 Hand Bells (CA)      7:00 Crokinole (CCR2)</p>	<p>17</p> <p>If you have any questions please contact:  <b>Lena, Programs: Ext 4601</b>  <b>Niamh, Chaplain: Ext 4250</b>  <b>Melanie &amp; Linda, Fitness: Ext 4605</b>  <b>Jenn, Pool: Ext 4604</b>      Movies will take place in the Auditorium on Saturdays when posted.  <small>Oktoberfest Begins</small></p>
<p>9:30 Preston Mennonite Church Live Stream (3FL) 18</p>	<p>19</p> <p>9:00 Drop-in Bowling (BRR)      10:30 Fairview Fit Video (CA)      11:15 Forever Young Strength (CA)      1:30 Grief Book Club (CCR3)      2:00 Library (LIB)      7:00 Yahtzee (CCR2)</p>	<p>20</p> <p>9:45 Keep Fit (CA)      10:30 Chapel (CCR3)      11:00 Chair Yoga (CA)      1:30 Crafts (CCR1)      2:00 Library (LIB)      7:00 Rook (CCR2)</p>	<p>21</p> <p>10:00 Bingo (CCR3)      11:00 Fairview Fit (CA)      1:00 Grocery Bus      1:00 TRX (CA)      1:30 Prayer for Peace (CCR3)      2:00 Drum Jam (CA)      2:00 Library (LIB)      3:15 Bean Bag Baseball (CA)      7:00 Cards (CCR2)</p>	<p>22</p> <p>9:30 Knitting &amp; Quilting (CCR1)      9:45 Keep Fit (CA)      11:00 Chair Yoga (CA)      1:00 Movie: Road to Bali (CA)      1:30 Crafts (CCR1)      2:00 Library (LIB)      7:00 Cribbage (CCR2)</p> <p><small>Autumn Begins</small></p>	<p>23</p> <p>9:00 Drop-in Bowling (BRR)      10:00 Horseshoes (PIT)      11:00 Fairview Fit (CA)      1:00 TRX (CA)      2:00 Library (LIB)      2:00 Yoga (CA)      2:00 Souper Friday (Café)      3:30 Hand Bells (CA)      7:00 Crokinole (CCR2)</p>	<p>24</p> 
<p>9:30 Preston Mennonite Church Live Stream (3FL) 25</p> <p>1:00 Walk the Kindness Way Arrival at Fairview – come on out and cheer on the participants as they arrive!</p> <p><small>Rosh Hashanah Begins</small></p>	<p>26</p> <p>9:00 Drop-in Bowling (BRR)      10:30 Fairview Fit Video (CA)      11:15 Forever Young Strength (CA)      1:30 Grief Book Club (CCR3)      2:00 Library (LIB)      7:00 Yahtzee (CCR2)</p>	<p>27</p> <p>9:45 Keep Fit (CA)      10:30 Chapel (CCR3)      11:00 Chair Yoga (CA)      1:30 Expressive Arts Class (CA)      2:00 Library (LIB)      7:00 Rook (CCR2)</p>	<p>28</p> <p>Health &amp; Wellness Fair      Fairview Seniors Community</p> <p><b>No programs today</b>  <b>Fitness Room &amp; Pool CLOSED</b></p> <p>Please register and join us at the Health &amp; Wellness Fair!</p>	<p>29</p> <p>9:30 Knitting &amp; Quilting (CCR1)      9:45 Keep Fit (CA)      11:00 Chair Yoga (CA)      11:00 Out to Lunch Bunch      1:30 Crafts (CCR1)      2:00 Library (LIB)      3:00 Fairview Band (CA)      7:00 Cribbage (CCR2)</p>	<p>30</p> <p>9:00 Drop-in Bowling (BRR)      10:00 Video: Canadian Residential School System (CCR3)      11:00 Fairview Fit (CA)      1:00 TRX (CA)      2:00 Library (LIB)      2:00 Yoga (CA)      2:00 Souper Friday (Café)      3:30 Hand Bells (CA)      7:00 Crokinole (CCR2)</p>	<p><b>EVERY CHILD MATTERS</b></p> <p>September 30th, 2022 is National Day for Truth and Reconciliation</p>