

Welcome Back!

We are thrilled to welcome our Community Members back to Fairview's Seniors Active Living Centre. We are taking every precaution possible to welcome you back in a way that supports your wellness goals while following all public health precautions and recommendations.

- ✓ We have increased cleaning and sanitation procedures.
- ✓ Participation numbers are limited to allow for proper distancing.
- ✓ Programming times have been modified to allow increased cleaning.
- ✓ Entrances/exits are monitored with screening required upon entrance.

As an added precaution for both our members and the residents living on the Fairview campus we are requiring all returning members to **show proof of full (2 doses) vaccination by Canadian approved vaccine** upon return to programs. This will be visually confirmed by a wellness centre staff member. We will note confirmation on your file; no copies, dates or health card information will be kept.

Included below and in the attached documents you will find all the information you need to successfully return to programs.

Membership

All current memberships will become active upon your return date – this will include in person and virtual programming. Any membership credits/extensions remaining from prior to COVID closures will remain available for the length of time that was left per membership.

At this time *NEW* memberships and *RENEWALS* will be offered on a monthly basis only. A monthly unlimited membership is \$25.00. Memberships can now be paid for in the Fitness Room. Membership options will be reviewed as COVID precautions and public health recommendations begin to lift further. We hope yearly membership will be available again in the future.

Pool and Fitness Room

Will re-open starting Tuesday September 7, 2021

Registration is required for all classes and to reserve a fitness room time.

Online registration for programs is now available through <https://myactivecenter.com/>. For now, members are limited to two (2) pool classes and/or two (2) fitness visits per week. registering one week does not guarantee your registration for the same class next week

- registration is available for 8 weeks in advance – ensure you click registration for EACH WEEK
- three or more absences/no shows/cancelations in a row will risk removal from registered classes

On your first visits back:

- ✓ Print and complete a new **Passport** (copies available onsite) – *first visit*
- ✓ Bring a printed or electronic copy of your vaccination – *first visit*
- ✓ Complete a **self assessment** before attending each day
 - On a smart phone at <https://covid-19.ontario.ca/screening/customer/>
 - Verbally with staff upon arrival
- ✓ Entering the building
 - **Pool:** at the back-pool doors adjacent to the church
 - **Fitness Classes:** At the front APARTMENT entrance
- ✓ Staff will open doors 5 minutes before your program, verify that you completed the **self assessment** and escort you directly into your program. Please wait patiently for staff to open these doors.
- ✓ Exit the building immediately following your program.

Please the following in mind:

- ✓ Come dressed for your program (**wear** your bathing suit if attending the pool). Changerooms may be used only AFTER swimming. Showers and blow-dryers are not currently available.
- ✓ Wear your mask at minimum to and from programs and where tolerated during exercise. (not required while swimming)
- ✓ Hand sanitize/wash upon entering and exiting the building and at other frequent intervals
- ✓ Maintain physical distance from others
- ✓ Stay home if you are not feeling well or have had close contact with others who are unwell.

We are striving to keep our community safe, healthy and open. You can be part of this success!
Questions or Concerns? We are here to help!

Please contact us at 519-653-5719

Pool ext. 4604 - *Jenn*

Fitness ext. 4605 - *Melanie and Linda*

Director Program & Services ext. 4602 – *Sarah Feeney-Martin*

Attachments

Registration link <https://myactivecenter.com/>

Registration how to (pdf)

Pool / fitness schedules (pdf)

Kindness Walk Invitation (pdf)