



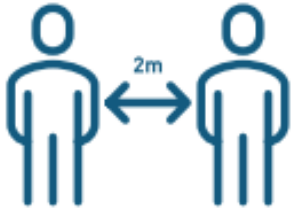
VISITOR INFORMATION PACKAGE

During the COVID-19 pandemic, the health and safety of our residents, families, staff, and visitors remains our top priority. The presence of family and friends is an important source of mental and emotional strength for our residents and we recognize that nothing replaces an *in-person* visit. The following guidance supports safe, socially distanced enhanced visits.

Education (to be reviewed MONTHLY)

https://docs.google.com/forms/d/e/1FAIpQLSdqgTYxGThQ47TQBc6VIro5d4BkBTbDrovRQ23s29leT_jMag/viewform

Physical Distancing



Physical distancing means keeping your distance from another and limiting activities. When outside your home, stay at least **2 meters (or 6 feet) away** from other people whenever possible. Physical distancing, when combined with proper hand hygiene and cough etiquette, has shown to limit the spread of COVID-19.

Physical distancing of 2 meters must be practiced during all visits on the residence property to reduce the risk of COVID-19 transmission. This includes indoor and outdoor areas.

Cover Coughs and Sneezes

Stop the spread of germs that can make you and others sick!

Respiratory Etiquette

Using proper respiratory etiquette helps reduce the spread of COVID-19. This means using your sleeve or tissue to cover your mouth when coughing or sneezing, instead of your hand. This reduces the number of germs on your hands, though it is important to wash your hands after coughing and sneezing.

Respiratory etiquette must be practiced during all visits on the residence property to reduce the risk of COVID-19 transmission. EVEN WHEN WEARING A MASK.



Cover your mouth and nose with a **tissue** when you sneeze or cough.



If you don't have a tissue, use your **elbow**.



Wash hands often, **especially** after coughing or sneezing.

Infection Prevention and Control (IPAC)

Infection Prevention and Control (IPAC) are evidence-based practices and procedures that, when applied consistently in health care settings, can prevent or reduce the risk of transmission of microorganisms to residents, staff and visitors.

All visitors must follow the residence's infection and prevention control protocols (IPAC), including proper use of masks.

IPAC practices include:

1. Hand hygiene program
2. Screening and surveillance of infections
3. Environmental cleaning procedures that reflect best infection control practices
4. Use of personal protective equipment
5. Outbreak detection and management
6. Additional precautions specified to prevent the spread of infection

How to handrub (preferred method)

JUST CLEAN YOUR HANDS

Rub hands for 15 seconds

1. Apply 1 to 2 pumps of product to palms of dry hands.
2. Rub hands together, palm to palm.
3. Rub in between and around fingers.
4. Rub back of each hand with palm of other hand.
5. Rub fingertips of each hand in opposite palm.
6. Rub each thumb clasped in opposite hand.
7. Rub hands until product is dry. Do not use paper towels.
8. Once dry, your hands are safe.

For more information, please contact handhygiene@oahpp.ca or visit publichealthontario.ca/JCYH.

Catalogue No. 010971 Revised 20M March 2010 © 2010 Queen's Printer for Ontario

Ontario

Hand Hygiene

Hand hygiene refers to any action of hand cleaning. Hand hygiene removes visible soil and/or kills transient microorganisms from the hands. This may be accomplished using an alcohol-based hand rub or soap and running water.

Touching your eyes, nose, mouth or sneezing /coughing into your hands may provide an opportunity for germs to get into your body. One of the most important steps to avoid getting sick and spreading germs to others is good hand hygiene.

IPAC continued....

Outdoor Access

Each home area has a designated space for outdoor visiting.

- This is applicable to approved Essential Caregivers **only**.
- To access outdoor space please contact a registered staff person who can provide direction and unlock doors.
- If you are the last person coming in you **MUST** inform registered staff so doors can be locked appropriately.
- Physical distance from other families/residents must be maintained in all outdoor spaces as it would be indoors
- PPE – masks and eye protection must be worn in all outdoor spaces
- Visiting outdoors does not change any requirements in our testing OR essential caregiver visiting policy



HOW TO WEAR A SURGICAL MASK



WASH YOUR HANDS BEFORE WEARING A MASK



CHECK THE NEW MASK TO MAKE SURE IT'S NOT DAMAGED



ENSURE THE PROPER SIDE OF THE MASK FACES OUTWARDS



LOCATE THE METALLIC STRIP AND PLACE IT ON THE NOSE BRIDGE



SECURE THE STRINGS BEHIND YOUR HEAD OR OVER YOUR EARS



COVER MOUTH AND NOSE FULLY MAKING SURE THERE ARE NO GAPS



PRESS THE METALLIC STRIP TO FIT THE SHAPE OF THE NOSE



REPLACE THE MASK IF IT GETS DAMP AND DO NOT REUSE IT



DO NOT TOUCH THE MASK WHILE USING IT, IF YOU DO WASH YOUR HANDS



REMOVE THE MASK FROM BEHIND BY HOLDING THE STRINGS WITH CLEAN HANDS



DISPOSE THE MASK IN A CLOSED BIN WITHOUT TOUCHING THE FRONT



LEARN HOW TO USE THE MASK PROPERLY

Criteria for Visitors

The following requirements must to be met by visitors at EACH visit:

- Be feeling well on the date/time of visit and pass the active screening (including temperature check)
- Have reviewed the homes Visiting Policy AND applicable training links (previous page) within the last 30 days.
- Attend the Rapid Antigen Testing clinic at each visit up to 3 times weekly as per the Homes Rapid Antigen Surveillance Testing Program.
- Physical distancing of a minimum of 6 feet from other staff and residents
- Wear a surgical mask and eye protection as provided by the home.
- Follow hand hygiene protocol (before, during and after visit)
- Remain in your residents' room, do not visit with other residents
- Pets are not permitted
- Visits will be discontinued for visitors who do not adhere to the guidelines and the resident will need to be isolated for 14 days and be tested for COVID-19
- Use visitor marked washroom facilities only
- Items including commercially prepared beverages and food, flowers, or gifts may be brought by the caregiver and taken directly to the resident, unless there is a specific concern identified by the screener. If this occurs the screener will discuss the contents in question with a manager prior to allowing it to be taken to the resident.

Note: Home prepared food is not allowed into the Home. Caregivers may not eat or drink while visiting as this would require removal of their mask and there is a requirement to always maintain masking for all visitors.