

## Biographical Summary

### Candidate Board of Directors Fairview Parkwood Communities

NAME: Brent A. Horst

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Thank you for your interest in serving on the Board of Directors of Fairview Parkwood Communities, and for your consent to let your name stand for consideration for nomination at the Annual Meeting in June.

In preparation for presentation to the board, please tell us a bit about yourself:

- 1) A brief professional bio, including any current/past board positions or similar leadership roles.

**My entire working career has been with Home Hardware Stores Limited (head office). I held various technical positions within Information Technology. My last 20 years were as Director of Corporate Applications, reporting to the VP of IT with a staff of about 70 IT professionals. I retired in September 2020 after 43 years of full-time employment.**

**In the late 1980's I was on the Board of Directors for the St. Jacobs Family Birthing Home, advocating for free-standing birthing centres. We were about to start building a facility in 1995 when a new Ontario government stopped the three approved projects. We did support getting Midwifery included in Ontario's Health Plan in 1994.**

**I was on the Board of Rockway Mennonite Collegiate for six years (2001-2007), Chair for the last 2 of those years.**

**I was interim Chair of the Board of The Mennonite Story (St. Jacobs) for one year and stayed on the board for a further 5 years as we created a new charitable corporation in 2011, separate from St. Jacobs Mennonite Church.**

- 2) Current church affiliation: **I am a member of St. Jacobs Mennonite Church (SJMC) since 1976 when our family moved from Quebec to Ontario. I've held various volunteer positions at SJMC, including Council Chair, Vice-chair, Ministry Leader for Missions, Gifts, and Finance. I've been a SJMC rep in our partnership with Grace Lao Mennonite Church for many years and am currently on the**

**Sunday Morning Ministry and also Editor of our congregation's newsletter for the past 6 years.**

- 3) What would you like to tell us about your family?

**My wife Andrea and I were married in 1981. We lived in Waterloo for a few years but have been in St. Jacobs since 1984.**

**We have three children, Bethany ('83), Abigail ('86) and William ('88). We have five grandchildren, expecting our sixth in March 2021.**

**Andrea works part-time as Practice Administrator for St. Jacobs Midwives.**

- 4) Please describe if you have had any personal or family experience/interactions with Long Term Care (LTC) or Retirement Living (RL).

**My parents, Melvin and Leeta Horst moved to St. Jacobs Place Retirement home in 2013. Dad died in March 2015, and mom remained there until moving to Parkwood Retirement Suites on July 2, 2020. Dad was at Heritage House (St. Jacobs) LTC for six weeks before he died. I am currently one of mom's Essential Caregivers at Parkwood.**

**Our family had relatives at Heritage House LTC, Fairview MH and other RL/LTC facilities, so we have visited often in those homes, have brought worship/music programs into those homes and even planned a Horst reunion at Fairview MH in June 2016, so our Aunt Mary Gingrich could attend at age 102.**

- 5) Please feel free to share anything else about your life that you would like us to know, such as: what motivates you, hobbies, personal accomplishments, etc.

**I enjoy music, writing, golf, baseball and spending time with our growing family. We love to travel and hope to pick that up again soon. I also cycle and my brother and I biked across Canada over many years, with seven trips and several family members joining us. We completed this accomplishment in 2011 and I have the tattoo to prove it!**

**Retiring at age 60 is still pretty fresh! My initial hesitation in joining this Board when Nancy gave me a call was that I had promised myself not to jump into something new too quickly. However, my interest in RL/LTC is high right now for my mom's sake and I've always been impressed with this organization, so I would be happy to join the Board.**